

4LIFE[®] PRODUCT CATALOG

[U.S. VERSION]



TOGETHER, BUILDING PEOPLE[®]

TOGETHER, BUILD



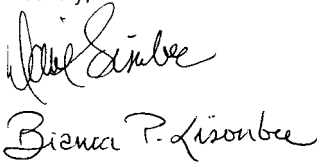
JOIN US ON THE 4LIFE® JOURNEY

When we learned about transfer factors almost 20 years ago, we started on a journey that has transformed our lives and thousands of lives all over the world. Discovered by Dr. H. Sherwood Lawrence in 1949, transfer factors are remarkable molecules that transfer valuable immune memory and knowledge from one entity to another. After experiencing this immune system support firsthand, we embarked on a path to share 4Life Transfer Factor® with people around the globe.*

Since 1998, 4Life has grown into a vibrant, worldwide network of people who are committed to Together, Building People® through *science*, *success*, and *service*. Today, 4Life is respected for its commitment to ongoing innovation and scientific discovery in immune system and general health support. We offer a range of products with innovative and effective ingredients—protein supplements, skincare products, vitamin and nutrient products, and many more—to support you on your wellness journey.*

We hope that you can grow with 4Life, make a positive impact in your community, meet wonderful new friends, and enjoy the road to health support and lifestyle freedom as much as we have.*

Sincerely,



David & Bianca Lisonbee

David & Bianca Lisonbee
4Life Founders



DEDICATED TO SCIENCE

In 1998, Founders David and Bianca Lisonbee embarked on a journey to bring phenomenal 4Life Transfer Factor® products to the world. Unlike common supplements you find in every health food store, transfer factors aren't vitamins, minerals, or herbs. Instead, they're peptides that transfer immune memory and knowledge from one entity to another.*

The introduction of 4Life Transfer Factor opened the door for further research, patented techniques, and a new category of immune system products that support health in a different way—by the immune system, for the immune system. Our in-house Research and Development team and Health Sciences Advisory Board (HSAB), comprised of nutritionists, an immunologist, and medical professionals, continually raise the standard for modern-day immune system supplementation and ensure the cutting-edge quality of our products.*

IMMUNE SYSTEM*

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RiteStart® Kids & Teens	17
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4Life® Transfer Factor Plus® Chewable Tri-Factor® Formula	11
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4Life Transfer Factor® Classic	15
4Life® NanoFactor® Glutamine Prime®	27
4Life Transfer Factor® Immune Spray	14
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ANTIOXIDANTS*

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4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
RiteStart® Men and RiteStart® Women	17
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CLEANSING & DETOX*

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PRO-TF®	18
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4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula	13
4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula	13
enummi® Skin Recovery Supplement*	31

HEART HEALTH*

4Life Transfer Factor® Cardio	27
RiteStart® Men and RiteStart® Women	17
BioEFA™ with CLA	37

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MALE HEALTH*

4Life Transfer Factor® MalePro®	27
4LifeTransform® Man	24
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Male Formula	39

MULTIVITAMIN & MINERAL*

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RiteStart® Kids & Teens	17
Multiplex™	41

MUSCLE, BONE & JOINT HEALTH*

Flex 4Life®	38
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PRO-TF® Protein Bar	19
CM Super™	37
MusculoSkeletal Formula™	41
SleepRite AMJ®	42

OVERALL WELLNESS*

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4Life® Transfer Factor Plus® Tri-Factor® Formula	10
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4Life Transfer Factor® Tri-Factor® Formula	10
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Multiplex™	41

SKIN HEALTH & BEAUTY*

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enummi® Refreshing Toner	30
enummi® Life C Energizing Serum®	30

enummi® Restoring Eye Cream	31
enummi® Protective Day Moisturizer	30
enummi® Night Recovery Cream	31
enummi® Intensive Body Lotion	29
enummi® Skin Recovery Supplement*	31
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SLEEP, MOOD, & STRESS*

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Inner Sun®	39

URINARY HEALTH*

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WEIGHT MANAGEMENT*

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"Recently, I toured the new 4Life® Manufacturing Facility in Utah. It's a first-class, pharmaceutical grade-like operation. The company's investment in the facility and the unification of technology, innovation, and wonderful staff members makes me proud to be a part of 4Life."

Robert W. Robertson, Jr. MD
Gold International Diamond
Kentucky, USA

COMMITTED TO QUALITY PRODUCTS

Because of our deep commitment to quality, excellence, and scientific innovation, we certify every 4Life Transfer Factor® product we sell. In our state-of-the-art, million-dollar testing lab, we conduct 20 tests per product to ensure **identity, purity, strength, and composition**. Many products undergo additional, rigorous quality-assurance tests before being released for distribution.

Our products are the foundation and heart of our business. We strive to create products that meet and exceed the highest standards, so you can feel confident incorporating them into your health routine and sharing them with your friends and loved ones.



RECIPE FOR WELLNESS SUCCESS WITH 4LIFE® PRODUCTS*

4Life® products support your healthy lifestyle. Start with our flagship 4Life Transfer Factor® immune system support products. Then, incorporate the following lifestyle tips and 4Life solutions to create your personalized wellness success!*

1. HEALTHY DIET:

When you consume the right amounts of quality nutrients, your body can function at its best. Eating the recommended daily amounts of protein, fruits, and vegetables can help you enjoy healthy energy levels and a healthy immune system.

4LIFE® SOLUTIONS: Keep your appetite in check and ingest quality protein with PRO-TF® protein products. Add 4Life Transfer Factor® RioVida® Tri-Factor® Formula, Bountiful Harvest® Plus, RiteStart® Men, RiteStart® Women, or RiteStart® Kids & Teens, which have invigorating antioxidant and bioflavonoid ingredients.*



2. EXERCISE:

Exercise positively impacts your physical and mental health. Strength training builds muscle, an important part of keeping your body and immune system strong. Muscles release signaling molecules that communicate with your organs, so when your muscles are healthy, your overall immune system response is also healthy.†

4LIFE SOLUTIONS: Incorporate PRO-TF® protein before and after workouts to support muscle building and Renuvo® for recovery. To enhance your cardio regimen, add 4Life Transfer Factor® Cardio.*



3. RESTFUL SLEEP:

When you feel rested and relaxed, all of your body systems are more balanced. Too much stress can cause you to lose focus and not enjoy life. When you budget enough time for sleep and use strategies to eliminate anxiety, your body and mind will benefit.

4LIFE SOLUTIONS: Try 4Life Transfer Factor Reflexion™, which promotes relaxation, a positive mood, and the ability to focus during occasional stress. SleepRite AMJ® promotes rejuvenating sleep, which can help you feel more rested during the day.*



4. STRONG RELATIONSHIPS:

Having strong relationships with the ones you love ensures that you have a good support system in place. Additionally, scientists have discovered strong links between intimacy, mental health, and balanced physical health.

4LIFE SOLUTIONS: 4LifeTransform® Man and 4LifeTransform® Woman target brain and body systems for enhanced intimacy.*



†Pedersen, BK & Febbraio MA. Nat Rev Endocrinol 2012; 8(8):457-65

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4Life

4LIFE TRANSFER FACTOR

CHEWABLE

TRI-FACTOR FORMULA



CITRUS CREAM FLAVOR

DIETARY SUPPLEMENT 90 TABLETS

OVIDO



4Life

4LIFE[®] TRANSFER FACTOR

PLUS[®]

TRI-FACTOR[®] FORMULA



DIETARY SUPPLEMENT
60 CAPSULES



4LIFE TRANSFER FACTOR®

LEADING THE WAY IN PROTEIN SCIENCES

When you feel healthy, you can live your best possible life. You need a smart and vigilant immune system to help you fight back against the threats you face each day. That's why millions of people around the world have chosen to take 4Life Transfer Factor products.*

The 4Life® commitment to transfer factor research and optimal immune system function has progressively raised the standard for modern-day immune system supplementation.*



4LIFE® TRANSFER FACTOR PLUS® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

Certified 4Life Transfer Factor and additional support ingredients to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Boosts natural killer (NK) cell activity by up to 437%**
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, and baker's yeast
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

60 capsules	Item #
60 vegetable capsules	24075
	24077

4LIFE TRANSFER FACTOR® TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

Foundational immune system support to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Boosts natural killer (NK) cell activity by up to 283%**
- Contains 600 milligrams of 4Life Transfer Factor® per serving, the highest amount in 4Life products
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

60 capsules	Item #
60 vegetable capsules	24070
	24072

† Refer to natural killer cell graph and additional preliminary scientific tests

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4LIFE TRANSFER FACTOR® CHEWABLE TRI-FACTOR® FORMULA

PRIMARY SUPPORT: Immune System, Overall Wellness*

A great-tasting chewable citrus-cream tablet to balance and support the immune system response*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Provides a great option for those who prefer not to swallow capsules
- Delights kids and adults alike with a great citrus-cream flavor
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

90 chewable tablets | Item # 24042

4LIFE® TRANSFER FACTOR PLUS® CHEWABLE TRI-FACTOR® FORMULA

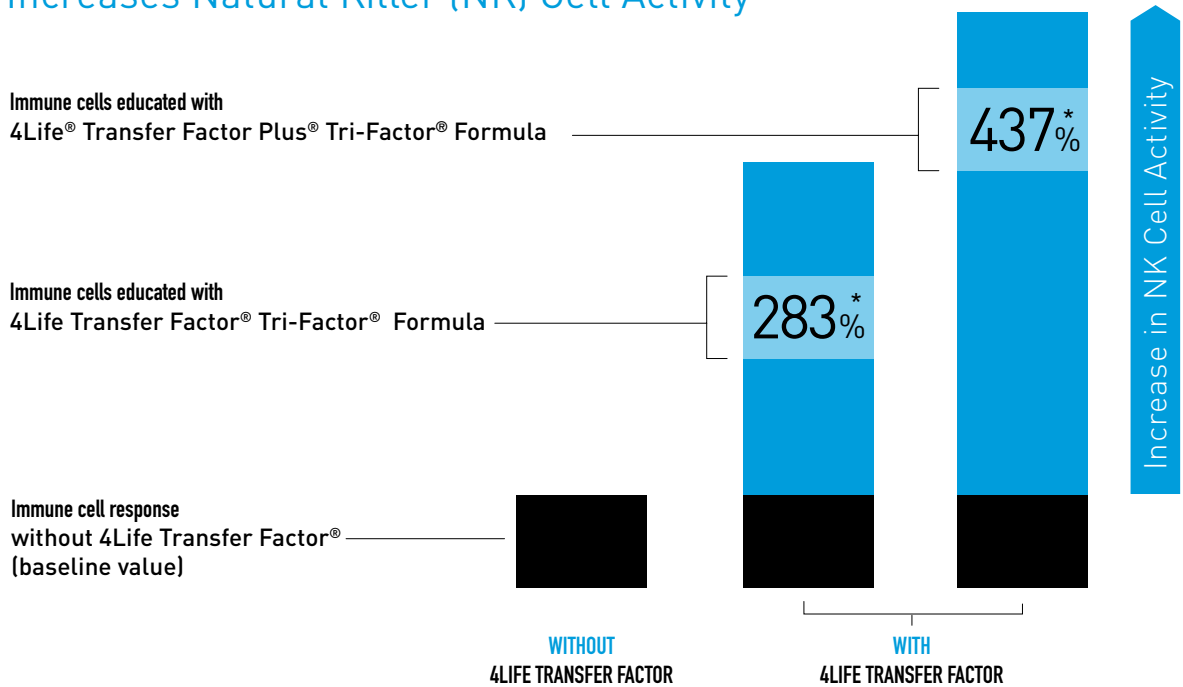
PRIMARY SUPPORT: Immune System, Overall Wellness*

Ultimate immune system support in a delicious passion fruit-flavored chewable tablet*

- Supports the immune system's natural ability to recognize, respond to, and remember potential health threats*
- Boosts natural killer (NK) cell activity by up to 437%**
- Includes Cordyvant™, a proprietary blend of ingredients such as maitake mushrooms, shiitake mushrooms, cordyceps, baker's yeast, and more
- Comes in a delicious, passion fruit-flavored chewable tablet formulated for adults
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

90 chewable tablets | Item # 24091

4Life Transfer Factor® Tri-Factor® Formula Increases Natural Killer (NK) Cell Activity



*Indicates the percentage increase above the baseline value

Test results obtained from an independent, unpublished in vitro experiment conducted at the Russian Academy of Medical Sciences, in Kashirskoe Shosse, Russia. The randomized and controlled in vitro study assessed the effects of 4Life Transfer Factor® Classic, 4Life Transfer Factor® Tri-Factor® Formula, or 4Life® Transfer Factor Plus® Tri-Factor® Formula, versus a positive control (Interleukin-2, or IL-2) on NK cell activity and effectiveness in destroying damaging cells. Blood was collected from healthy volunteers and then incubated for up to 48 hours. [REFERENCE: Kisilevsky MV & Khalturina ED. Unpublished observations.]

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4Life

4LIFE TRANSFER FACTOR®

Tri-Factor® Formula

riovida



**4LIFE TRANSFER FACTOR®
RIOVIDA® TRI-FACTOR® FORMULA**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The one-and-only liquid dietary supplement in the world that combines 4Life Transfer Factor® with antioxidant-rich superfruits*

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats with 600 mg of 4Life Transfer Factor per 1 fl oz serving*
- Includes a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Contains essential and supporting vitamin C, amino acids, fatty acids, and polyphenols*
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

2-16.9 oz bottles

Item #
24105

LIQUID DIETARY SUPPLEMENT

16.9 fl oz (500 ml)

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**4LIFE TRANSFER FACTOR®
RIOVIDA STIX® TRI-FACTOR® FORMULA**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system goodness of RioVida® in a portable powder pack. Just add water!*

- Supports the immune system with 600 mg of 4Life Transfer Factor per serving*
- Delivers essential antioxidants from açai, pomegranate, and blueberry*
- Replenishes electrolytes to support nerve and muscle function*
- Is portable and easy to share
- Contains no artificial sweeteners, flavors, or preservatives
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

15 powder packets
7 for the price of 6

Item #
24113
24116

**4LIFE TRANSFER FACTOR®
RIOVIDA BURST® TRI-FACTOR® FORMULA**

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Heart Health, Energy*

The immune system goodness of RioVida®, conveniently packaged in a smooth and delicious edible gel blend*

- Provides a delicious, on-the-go source of essential and supporting vitamin C, amino acids, fatty acids, and trace minerals
- Contains certified 4Life Transfer Factor and a proprietary combination of antioxidant- and bioflavonoid-rich natural fruit juices, including açai, pomegranate, blueberry, and elderberry*
- Is easy to share
- Includes UltraFactor XF®, OvoFactor®, and NanoFactor®—Tri-Factor® Formula

15 gel packets
7 for the price of 6

Item #
24110
24111



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**4LIFE TRANSFER FACTOR®
IMMUNE SPRAY**

PRIMARY SUPPORT: Immune System*

Soothing mouth and throat spray that combines UltraFactor XF® and NanoFactor® with colloidal silver, zinc, and more*

- Supports the immune system’s natural ability to recognize, respond to, and remember potential threats*
- Soothes the mouth and throat with aloe vera and marshmallow*
- Is available in fresh mint and orange flavor
- Contains certified 4Life Transfer Factor with UltraFactor XF®

Mint (1.7 oz bottle)	Item # 26046
Orange (1.7 oz bottle)	26044



DID YOU KNOW?

4LIFE TRANSFER FACTOR®

DISCOVERY

- Dr. H. Sherwood Lawrence discovered transfer factor molecules in 1949.
- 4Life Founder and Chairman of the Board David Lisonbee learned about transfer factors as part of his own personal health research.
- 4Life secured patents (U.S. 6,866,868 and U.S. 7,815,943) that protect the process and use of transfer factors derived from colostrum (“first milk”) and chicken egg yolks.

DESCRIPTION

- Transfer factors are tiny messenger molecules composed of amino acids. They are a unique category of bioactive peptides, that transfer immune memory from an experienced immune system “donor” to a less experienced “recipient” immune system.*

BENEFITS

- Transfer factors support the immune system’s natural ability to recognize, respond to, and remember potential threats.*
- Transfer factors may boost or balance the immune system response to a potential threat.*
- 4Life® Transfer Factor Plus® Tri-Factor® Formula has been shown to increase natural killer (NK) cell activity by up to 437%. (See page 11 for more information.)*
- 4Life Transfer Factor® Tri-Factor® Formula promotes healthy T-cell and B-cell function.* (See page 15 for more information.)

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4LIFE TRANSFER FACTOR® RENEWALL™

PRIMARY SUPPORT: Skin Health & Beauty*
SECONDARY SUPPORT: Healthy Aging*

Soothing skin gel with UltraFactor XF®

- Contains ingredients that promote beautiful skin
- Includes aloe vera, rosemary, chamomile, and lavender

2 fl oz tube Item #
25041

4LIFE TRANSFER FACTOR® CLASSIC

PRIMARY SUPPORT: Immune System,
Overall Wellness*

4Life's original colostrum-derived 4Life Transfer Factor product for daily immune system support**††

- Supports the immune system's natural ability to recognize, respond to, and remember potential threats*
- Boosts natural killer (NK) cell activity by up to 204%*
- Contains certified 4Life Transfer Factor with UltraFactor XF®

90 capsules Item #
24080

†† Refers to natural killer cell graph and additional preliminary scientific tests

FORTIFY YOUR DEFENSES!

Results from an open-label, beta-test experiment showed that 4Life Transfer Factor® Tri-Factor® Formula effectively helped strengthen the immune system in **100%** of the people tested.*†

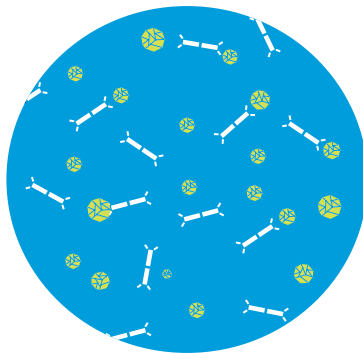
Increased Production of Salivary IgA Antibodies*



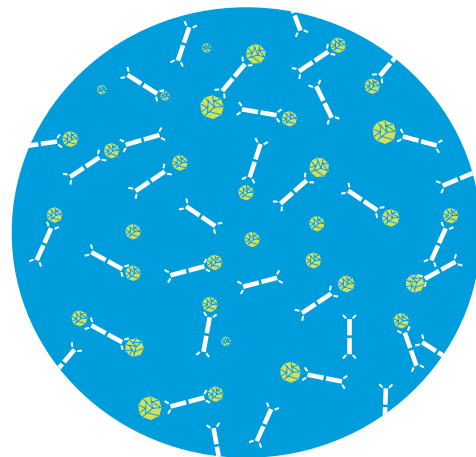
IgA Antibody (Immune Defender)
A critical first line of defense



Environmental stressor



BEFORE taking 4Life Transfer Factor



AFTER taking 4Life Transfer Factor
for four consecutive weeks*

**73%
MORE!**

Immunoglobulin A (IgA) test results obtained from a preliminary, in-house, open-label study on 21 reportedly healthy adults. Participants took 4Life Transfer Factor® Tri-Factor® Formula for two weeks, followed by 4Life Transfer Factor® RioVida® Tri-Factor® Formula. One hundred percent of participants saw an increase in the production rate of salivary secretory IgA by an average of 73% after taking 4Life Transfer Factor products for four weeks, when compared to the one-week baseline. A brief drop occurred at the transition between the two products. (Bennet RH: Salivary IgA in Healthy Adults is Increased by Dietary Transfer Factors: An open label, cross-over study. Unpublished findings.)





RITESTART®, a top-selling 4Life® product, contains essential vitamin and mineral building blocks for good nutrition plus 4Life Transfer Factor®. Named for the exact purpose it provides—a right start for your day, for your health, and for your life—RiteStart is designed to help you look and feel great.*

RiteStart® Men and RiteStart® Women include 4Life® Transfer Factor Plus® Tri-Factor® Formula immune system support, essential fatty acids (including omega-3 and omega-6), a complex blend of

antioxidants, and hormone support for men or women.* RiteStart is available in a 30-count box of convenient packets that are easy to take with you anywhere.

RiteStart® Kids & Teens contains vitamins and minerals that are critical for development and growth, along with the immune system support of 4Life Transfer Factor® Tri-Factor® Formula.*

RITESTART® WOMEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Female Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health*

Twice-daily supplement packets for women

TAKE RITESTART WOMEN EVERY DAY FOR:

- Immune system support from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Certified 4Life Transfer Factor with UltraFactor XF®
- Specific female system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants*
- Cardiovascular and circulatory support*
- Healthy hormonal balance support*
- Vision and eye health support*

RITESTART® MEN

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Heart Health, Male Health, Multivitamin & Mineral, Muscle, Bone, & Joint Health, Overall Wellness*

SECONDARY SUPPORT: Brain Health, Energy, Eye Health, Skin Health*

Twice-daily supplement packets for men

TAKE RITESTART MEN EVERY DAY FOR:

- Immune system support from 4Life® Transfer Factor Plus® Tri-Factor® Formula*
- Certified 4Life Transfer Factor with UltraFactor XF®
- Specific male system support*
- Joint and bone health support*
- Skin health support*
- A unique blend of antioxidants*
- Cardiovascular and circulatory support*
- Vision and eye health support*

RITESTART® KIDS & TEENS

PRIMARY SUPPORT: Immune System, Multivitamins & Mineral, Overall Wellness*

SECONDARY SUPPORT: Energy, Muscle, Bone & Joint Health, Skin Health*

Great for kids and teens ages 2–18

TAKE RITESTART KIDS & TEENS EVERY DAY FOR:

- 300 to 600 mg of 4Life Transfer Factor® Tri-Factor® Formula*
- Immune system support to help your body recognize, respond to, and remember potential health threats*
- 22 essential vitamins and minerals for growing bodies*
- Support for strong bones*
- Vitamin B for healthy brain function*
- Healthy vision, muscle function, and skin support*
- Antioxidant vitamins A, C, and E*

Available in 120-count bottle of chewable tablets in assorted citrus cream and sour apple flavors. Suggested serving is two (2) or four (4) chewable tablets daily, depending on age.*

30 packets 2-pack 1 Women, 1 Men	Item # 27013 27015 26524	30 packets 2-pack 1 Men, 1 Women	Item # 26521 26523 26524	120 tablets	Item # 24089
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*A two-tablet serving for children ages 2-3 contains 300 mg of 4Life Transfer Factor® Tri-Factor® Formula. A four-tablet serving for children ages 4 and over contains 600 mg of 4Life Transfer Factor® Tri-Factor® Formula.

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4LIFETRANSFORM®

4LifeTransform® represents the potential of a more vibrant, youthful, and balanced life by empowering you through nutritional products and programs designed to help you change your body.*



PRO-TF®
YOUR TOTAL PROTEIN INFUSION

PRIMARY SUPPORT: Weight Management, Muscle & Sports Performance, Immune System*

SECONDARY SUPPORT: Heart Health, Muscle, Bone, & Joint Health*

Protein supplement to help you transform your body and live a more fulfilling and vibrant life*

- Provides ten grams of patent-pending 4LifeTransform® Protein Formula per serving, one of the most advanced and effective proteins available to help you transform your body, optimize performance, and promote health*
- Includes an essential protein source, extensively hydrolyzed (high DH) whey and egg protein, plus 300 milligrams of 4Life Transfer Factor® in every serving*
- Offers an independently and university-tested formula to support caloric and fat burning, muscle protection and growth, increased metabolism, and hunger suppression*
- Includes only 70 calories per serving, is gluten free, and contains zero grams of lactose

Vanilla Cream 46-serving canister
Chocolate 46-serving canister

Item #
27568
27577

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PRO-TF® CHOCOLATE PACKETS

PRIMARY SUPPORT: Weight Management, Muscle & Sports Performance, Immune System*

SECONDARY SUPPORT: Heart Health, Muscle, Bone, & Joint Health*

Portable packets of one of the most advanced and effective proteins available*

- Offers a delicious, versatile, and portable protein option
- Supports increased sports performance and recovery*
- Includes a critically essential protein source, extensively hydrolyzed (high DH) whey and egg protein, plus 600 milligrams of 4Life Transfer Factor® in every serving*
- Includes 21 grams of protein and only 145 calories per packet



14 packets per box	Item # 27581
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PRO-TF® PROTEIN BAR

A delicious, patent-pending protein snack*

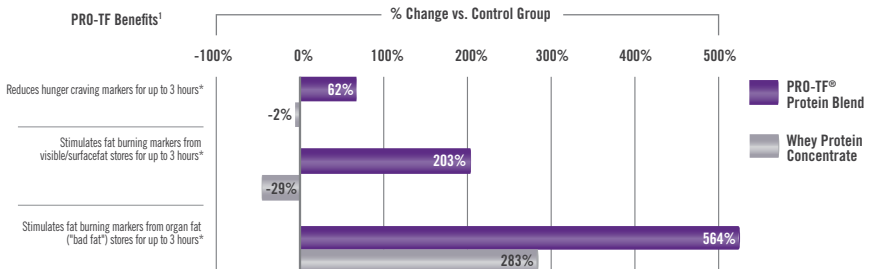
- Provides 10 grams of patent-pending Low Molecular Weight PRO-TF Protein Blend—one of the most advanced and effective proteins available
- Features a delicious double chocolate flavor with a chewy and satisfying crunch
- Includes only 190 calories, 12 grams of high-quality protein, six grams of fiber, and just nine grams of net carbohydrates

10 bars per box	Item # 17501
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Use, share, and earn
 Download the 4LifeTransform™ App today
 from the App Store or Google Play.
 Visit www.4lifetransform.com for details.

The Low Molecular Weight PRO-TF® Protein Blend was tested in an independent, university pre-clinical study and was shown to significantly increase muscle protein synthesis (muscle growth) by 74% and was more effective than the leading whey protein in the following areas:¹

- Reducing hunger cravings by up to 62% for up to three hours*
- Stimulating fat burning from visible/surface fat by up to 203% for up to three hours*
- Stimulating fat burning from “bad fat” stores by up to 564% for up to three hours*



Protein can help protect healthy muscle in people of all ages, by increasing muscle growth and reducing muscle breakdown.*

¹ 4Life Research conducted a pre-clinical research study to demonstrate the safety and efficacy of PRO-TF®, a patent-pending product (Mobley CB et. al., J Int Soc Sports Nutr 2015, 12:14). To learn more, visit 4life.com.



NEW! 4LIFETRANSFORM BURN™

PRIMARY SUPPORT: Weight Management*

Thermogenic blend to support accelerated body transformation*

- Helps adults of all ages achieve a lean, sleek, and healthy body*
- Provides energy support to ignite your workouts for optimum performance*
- Supports an accelerated approach to body transformation by igniting fat burning and reducing hunger*

80 capsules	Item # 27584
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RENUVO®

PRIMARY SUPPORT: Immune System, Healthy Aging, Antioxidant, Overall Wellness*

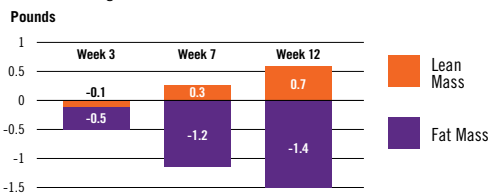
A patent-pending adaptogen that targets healthy aging by supporting a more youthful and healthy response to environmental stressors*

- Promotes total body recovery*
- Helps counteract the telltale signs of aging*
- Supports healthy mental acuity, mood, and metabolism*
- Promotes healthy sexual vitality and energy*

120 capsules	Item # 24201
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TRIGGERED BODY FAT LOSS*

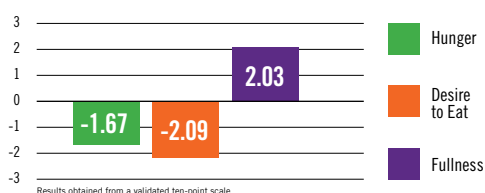
Over a 12-week period, 4LifeTransform Burn™ triggered body fat loss without altering lean muscle.*



Results as observed in a pilot sponsored study. Actual results may vary.

DECREASED HUNGER CRAVINGS*

Over a 12-week period, 4LifeTransform Burn™ decreased hunger cravings and increased feelings of fullness.*



Results as observed in a pilot sponsored study. Actual results may vary.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

REAL TRANSFORMATIONS



CHARLOTTE M. COKER

4Life® distributor
Kansas, USA

RESULTS:

I went from a size 16 to a size 10/12. I lost seven inches on my waist and eight inches on my upper abdomen.

4LIFE® PRODUCTS:

PRO-TF®, Renuvo®, and Energy Go Stix®

MY TRANSFORMATION:

I joined a gym, and I walk a mile every day. I am committed to my healthy eating plan.



CAROLINA YAZMIN SANDOVAL

4Life distributor
Texas, USA

RESULTS:

I lost three pants sizes.

4LIFE® PRODUCTS:

BioEFA™ with CLA, Renuvo®, PRO-TF®, and Energy Go Stix®

MY TRANSFORMATION:

I run two to three miles every day. I exercise (cardio and weights) three times per week.

These results are not typical and were achieved through the 4Life distributor's commitment to exercising consistently and consuming a healthy diet. Consult with your physician before you begin any lifestyle program that includes a change in diet and/or exercise.



CHRISTOPHER MOORE

Diamond
Kansas, USA

RESULTS:

I lost 54 pounds of fat and gained 16 pounds of muscle. I lost six inches from my chest and seven inches from my abdomen.

4LIFE® PRODUCTS:

4Life Transfer Factor® Cardio, PRO-TF®, 4Life Transfer Factor® GluCoach®, 4Life Transfer Factor® ReCall®, 4Life Transfer Factor Vista®, 4Life Transfer Factor® MalePro®, and Renuvo®

MY TRANSFORMATION:

I have reduced my sugar and simple carbohydrate intake and added fresh vegetables. I joined a gym, and I exercise as much as possible.



CAMERON VONNIEDERHAUSERN

4Life® employee
Utah, USA

RESULTS:

I lost 23 lbs and 9% body fat. I gained nine lbs of lean muscle.

4LIFE® PRODUCTS:

PRO-TF®, 4LifeTransform Burn™, Bountiful Harvest® Plus, 4Life Transfer Factor® Tri-Factor® Formula, 4Life Transfer Factor® Cardio, RiteStart® Men, and 4Life Transfer Factor® RioVida® Tri-Factor® Formula

MY TRANSFORMATION:

I exercise every day during the week for at least an hour. I eat lean protein and vegetables, and I've reduced my consumption of unhealthy foods.

**SHARE YOUR TRANSFORMATION STORY WITH US.
VISIT WWW.4LIFETRANSFORM.COM TO LEARN HOW!**



NEW! 4LIFETRANSFORM® MAN

Male support for sexual performance and healthy aging*

PRIMARY SUPPORT: Sexual Performance & Vitality*

- Supports healthy blood circulation*
- Optimizes lean muscle growth, mass, and strength*
- Supports a more powerful body and rewarding life*

120 capsules	Item # 26535
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NEW! 4LIFETRANSFORM® WOMAN

Female support for sexual intimacy and healthy hormone levels*

PRIMARY SUPPORT: Sexual Performance & Vitality*

- Targets a woman's unique brain and body systems to support healthy libido and enhanced sexual intimacy*
- Supports healthy hormone levels that tend to decline with age*
- Supports a more youthful, vibrant body and fulfilling life*

120 capsules	Item # 27016
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4LIFETRANSFORM® 30-DAY ACCELERATOR SYSTEM

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Immune System, Energy, Cleansing*

Proprietary products with scientifically proven ingredients to help you achieve real and lasting body transformation*

- **Tea4Life®:** Simple and effective cleansing tea that prepares your body for the 30-day transformation*
- **PRO-TF® Vanilla Cream:** University-tested, patented protein supplement to help you burn fat and build lean muscle*
- **4LifeTransform Burn™:** Scientifically-proven fat burner to help you ignite your body transformation*
- **4LifeTransform® Man or 4LifeTransform® Woman:** Supplement to support healthy hormones for lean muscle, healthy aging, and vibrant living, and enhance sexual performance and experience*
- **Renuvo®:** Total body recovery supplement*
- **Energy Go Stix® Berry:** Great-tasting energy support and amino acids on the go*
- **RiteStart® Men or RiteStart® Women:** Multi vitamin, mineral, and essential fatty acid supplement designed especially for men and women*

4LifeTransform 30-Day Accelerator System for Men	Item # 53643
4LifeTransform 30-Day Accelerator System for Women	53644



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TARGETED TRANSFER FACTOR® PRODUCTS

TARGETED TRANSFER FACTOR®

FOCUSED SUPPORT FOR **YOUR** BODY'S NEEDS*

Targeted Transfer Factor products combine the immune system benefits of 4Life Transfer Factor® ingredients with additional system-specific nutrients to provide a focused and personal level of health support.*



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**4LIFE TRANSFER FACTOR®
BELLE VIE®**

PRIMARY SUPPORT: Female Health, Healthy Aging*
SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for superior female reproductive and breast health*

- Features certified 4Life Transfer Factor®, strengthening the body's natural immune response to promote healthy cell growth and function*
- Includes a blend of herbal antioxidants, phytoestrogens, indoles, and calcium d-Glucarate to assist the female body's endocrine system*
- Promotes overall feminine reproductive health*

60 capsules | Item # 22535

**4LIFE TRANSFER FACTOR®
CARDIO**

PRIMARY SUPPORT: Heart Health, Energy*
SECONDARY SUPPORT: Immune System, Antioxidant*

A heart-healthy combo of 4Life Transfer Factor®, and over 18 vitamins, minerals, and antioxidants*

- Features certified 4Life Transfer Factor® to help educate immune cells*
- Provides support for a healthy heart and proper cardiovascular function*
- Supports healthy cholesterol levels already in the normal range*
- Contains a proprietary blend of coenzyme Q-10, *Ginkgo biloba*, garlic, red rice yeast extract, and ginger

120 capsules | Item # 21002

**4LIFE TRANSFER FACTOR®
GLUCOACH®**

PRIMARY SUPPORT: Glucose Metabolism,
SECONDARY SUPPORT: Immune System, Weight Management, Antioxidant, Energy*

Targeted support for the endocrine and metabolic systems*

- Targets the superior immune-enhancing benefits of certified 4Life Transfer Factor® and offers direct support for the endocrine and metabolic systems*
- Includes minerals, herbs, and phytonutrients to support healthy hormone production and healthy glucose levels, and promote pancreatic health*

120 capsules | Item # 29001

**4LIFE® NANOFACTOR®
GLUTAMINE PRIME®**

PRIMARY SUPPORT: Immune System, Overall Wellness*
SECONDARY SUPPORT: Energy, Antioxidant, Digestive Health*

Glutamine is an energy source that helps fuel immune cell activity and provide the building blocks of the important antioxidant glutathione*

- Supplies fuel to immune cells with the important amino acid glutamine*
- Enhances communication between immune cells with 4Life® NanoFactor® extract for a more coordinated immune response when under stress*
- Provides synergistic immune system support when taken with any 4Life Transfer Factor® product*

120 capsules | Item # 24087

**4LIFE TRANSFER FACTOR®
KBU®**

PRIMARY SUPPORT: Urinary Health*
SECONDARY SUPPORT: Immune System, Antioxidant, Cleansing & Detox*

A targeted formula for both men and women to support the urinary tract—the kidneys and the bladder*

- Features certified 4Life Transfer Factor® which educates immune cells and provides support for healthy urinary tract and kidneys*
- Supports the bladder with cleansing ingredients like cranberry, blueberry, lingonberry, and mannose*
- Supports healthy kidney and urinary tract function with the addition of dandelion leaf, juniper berry, chanca piedra, varuna, and IP-6*

120 capsules | Item # 25501

**4LIFE TRANSFER FACTOR®
MALEPRO®**

PRIMARY SUPPORT: Male Health*
SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal prostate health*

- Features certified 4Life Transfer Factor® to support immunity at the cellular level
- Includes saw palmetto, lycopene, isoflavones, broccoli extract, and antioxidants to support prostate health*

90 softgels | Item # 22562

**4LIFE TRANSFER FACTOR®
RECALL®**

PRIMARY SUPPORT: Brain Health*
SECONDARY SUPPORT: Immune System, Healthy Aging*

Targeted brain support for optimal mental functioning*

- Features certified 4Life Transfer Factor® and other ingredients to support to the brain and central nervous system*
- Promotes healthy brain function with blood circulation support*
- Contains proven ingredients to support brain health like vinpocetine, *Huperzia serrata*, *Bacopa monnieri*, and *Ginkgo biloba* to support brain health*

90 capsules | Item # 22003

**4LIFE TRANSFER FACTOR
REFLEXION™ NEW!**

PRIMARY SUPPORT: Sleep, Mood, & Stress*
SECONDARY SUPPORT: Brain Health*

A proprietary blend that promotes relaxation, improved mood, and the ability to focus during occasional stress.*

- Enhances your ability to cope with the daily stresses of life*
- Promotes relaxation, a positive mood, and the ability to focus*
- Supports the immune system's ability to function properly in times of occasional stress*
- Improves cognitive function*

60 capsules | Item # 22005

**4LIFE TRANSFER FACTOR
VISTA®**

PRIMARY SUPPORT: Eye Health*
SECONDARY SUPPORT: Immune System, Antioxidant*

Targeted support for optimal vision performance and eye health*

- Helps maintain visual acuity and sharpness*
- Includes ingredients to help reduce the oxidative effects of the sun or of excessive blue light exposure on the macula of the eyes*
- Promotes healthy eye function*
- Supports the ability to adapt to varying light conditions*
- Provides synergistic wellness support when taken with BioEFA™ with CLA*

60 capsules | Item # 29501

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enummi® SHOWER ESSENTIALS

A TRUE SENSORY EXPERIENCE



enummi® SHAMPOO

A sulfate-free, moisture-rich cleansing experience

- Cleanses gently, yet effectively, with coconut-derived ingredients
- Loaded with protein, amino acids, and luscious botanicals
- Helps prevent color fadeout
- Provides protection from the environment, manageability, and vibrant shine
- Works well for daily use on all hair types

12 fl oz bottle

Item #
25113



enummi® CONDITIONER

The only conditioner with 4Life Transfer Factor™

- Improves manageability and smoothness
- Saturates hair beautifully and rinses effortlessly, leaving hair feeling soft and silky with vibrant shine
- Features a formula rich in protein, vitamins, and amino acids
- Helps minimize color fading and static, and eases hair and scalp dryness with decadent nature-derived oils and butters
- Provides environmental protection

12 fl oz bottle

Item #
25115



enummi® BODY WASH

An invigorating cleanser that hydrates the skin

- Features a light gel formula that creates a luxurious lather with a lively fragrance
- Leaves skin feeling soft and smooth, without lingering dryness
- Offers gentle cleansing for the entire family
- Includes nature-derived ingredients like mango, avocado, and honey extract
- Combines perfectly with enummi® Intensive Body Lotion for ultimate moisturizing benefits

12 fl oz bottle

Item #
25111

enummi® PERSONAL CARE

QUALITY PRODUCTS FOR SUPPLE SKIN AND A DAZZLING SMILE



enummi® INTENSIVE BODY LOTION

4Life's original formula body lotion for drier skin

- Contains 4Life Transfer Factor®
- Contains white tea to protect your skin from the elements
- Provides a complex range of minerals and amino acids to the skin
- Promotes soft, smooth skin with aloe vera and shea butter

8.5 fl oz tube

Item #
25003



enummi® TOOTHPASTE

A gentle, fluoride-free formula that cleanses teeth and freshens breath without harsh, abrasive agents

- Dissolves food film for a clean, bright smile
- Freshens breath
- Offers a refreshing mint flavor and no sugar

4 fl oz tube

Item #
25050

enummi® SKIN CARE

THE BEAUTY OF SCIENCE

enummi® Skin Care is the only complete skin care system that includes 4Life Transfer Factor®. Each product is packed with natural botanicals, antioxidant support, and proven ingredients that give your skin the hydration, nourishment, and protection it needs.

Reveal your most vibrant and luminous complexion in four simple steps:



STEP 1: CLEANSE

enummi® GENTLE FACIAL CLEANSER

A gentle cleanser for a fresh, clean complexion

- Features herbal extracts and vitamins to hydrate and replenish while cleansing
- Includes a botanical blend to make daily care a soothing ritual
- Cleanses gently to help maintain fresh, soft skin

4 oz tube | Item # 25025

STEP 2: TONE

enummi® REFRESHING TONER

Biotin, antioxidants, and vital moisture to improve skin appearance and prepare it for nutrient-rich treatments

- Fortifies skin with natural humectants to retain hydration and moisture
- Clears impurities and dead skin cells
- Promotes a smooth, fresh, and radiant complexion
- Contains 4Life Transfer Factor®

4 oz bottle | Item # 25027

STEP 3: TARGET

enummi® LIFE C ENERGIZING SERUM®

A luxurious waterless formulation that creates brighter-looking skin that feels silky

- Helps brighten skin, improve overall skin tone, and diminish the appearance of age spots with vitamin C and other botanicals
- Provides skin with beneficial antioxidants to defend against the elements
- Energizes tired skin for a more luminous appearance
- Contains 4Life Transfer Factor®

1 oz tube | Item # 25060

STEP 4: MOISTURIZE & PROTECT

enummi® PROTECTIVE DAY MOISTURIZER

A moisture barrier to hydrate, nourish, and protect skin with SPF 15

- Defends with certified SPF 15 broad spectrum sun protection
- Provides hydration and creates a moisture barrier
- Contains 4Life Transfer Factor®

1.7 oz bottle | Item # 25029



**enummi®
NIGHT RECOVERY CREAM**

Nightly cream to rejuvenate, retain moisture, and reduce the signs of aging while you sleep

- Includes a moisture-rich complex that provides hydration and humectants to help skin retain its natural moisture barrier
- Provides powerful antioxidants
- Rejuvenates and improves skin's radiance while you sleep
- Contains 4Life Transfer Factor®

1.7 oz tube

Item #
25048



**enummi®
RESTORING EYE CREAM**

Formula to reduce the appearance of dark circles, puffiness, fine lines, and wrinkles, and promote a glowing, smooth appearance

- Provides superior moisturizing and skin softening benefits with emollients and deep moisturizing ingredients
- Helps combat dark circles around the eyes with peptides that reduce the appearance of puffiness, fine lines, and wrinkles
- Restores vital nutrients with amino acids
- Contains 4Life Transfer Factor®

0.5 oz tube

Item #
25035



**enummi®
SKIN RECOVERY SUPPLEMENT***

PRIMARY SUPPORT: Precision-Strength Skin Care*

SECONDARY SUPPORT: Complexion Health and Beauty*

Daily supplement to promote skin's youthful and vibrant look from the inside out and maximize the rejuvenating potential of the topical treatments*

- Features 4Life Transfer Factor® for whole-body immune system support*
- Supports increased moisture levels in skin's barrier from the inside out in as few as three weeks*
- Supports skin's surface firmness and elasticity from the inside out in as few as eight weeks*
- Significantly improves the appearance of skin lines and wrinkles in as few as eight weeks*
- Supports skin's recovery from normal daily environmental exposure*

60 capsules

Item #
25401

SYSTEM & SET

enummi® SKIN CARE SYSTEM

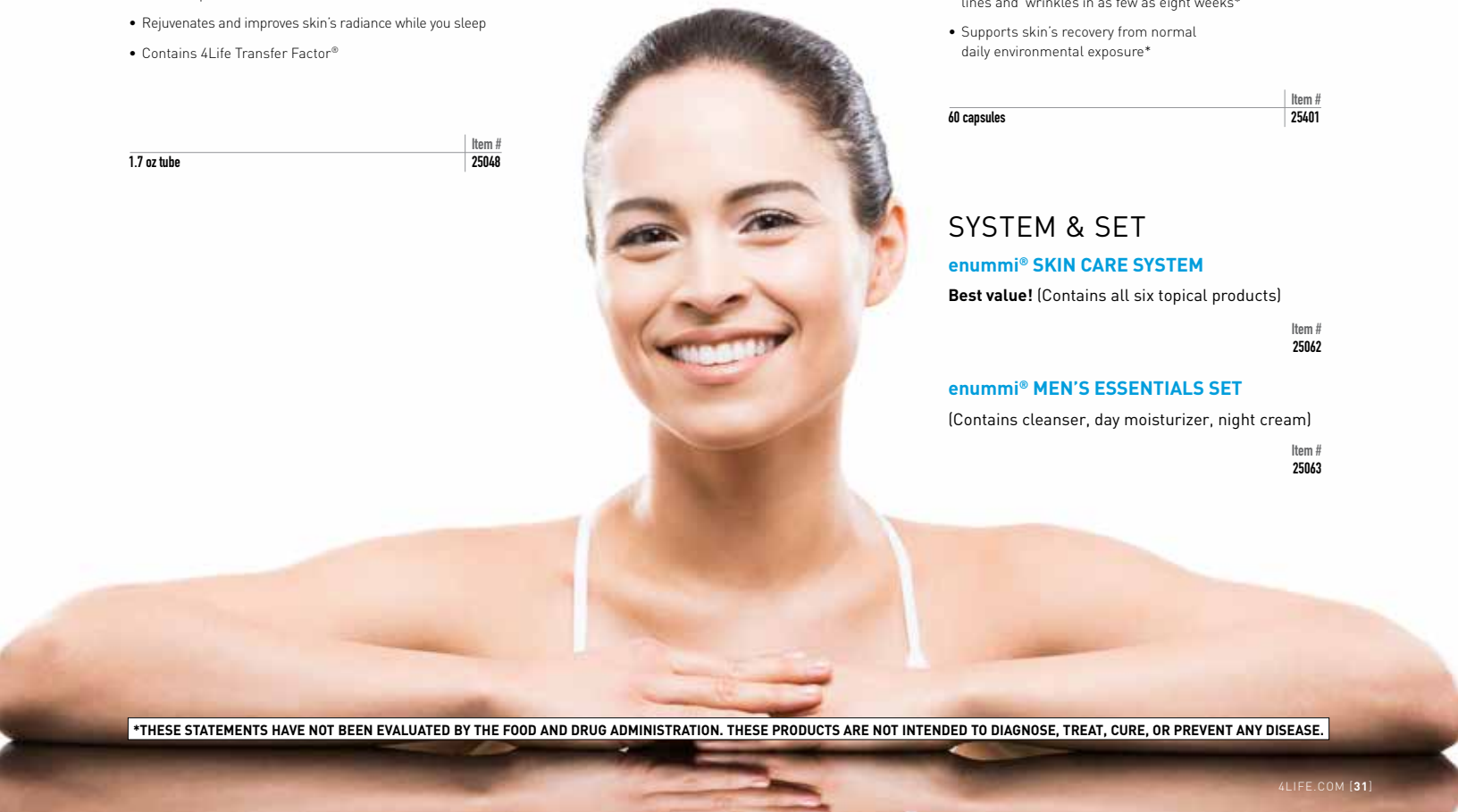
Best value! (Contains all six topical products)

Item #
25062

enummi® MEN'S ESSENTIALS SET

(Contains cleanser, day moisturizer, night cream)

Item #
25063



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SHAPERITE® BY 4LIFE®

FIND YOUR RITE SHAPE*



ShapeRite by 4Life products support the idea that every individual—no matter the genetics, body size, or goals—can find his or her own “rite shape” through a combination of exercise, healthy eating, and proper supplementation.*

Maintaining a healthy weight can reap great dividends in terms of your overall health and quality of life. Learn how ShapeRite products can help you maintain a healthy weight and meet your lifestyle goals.*

ENERGY GO STIX®

PRIMARY SUPPORT: Energy*

SECONDARY SUPPORT: Weight Management*, Immune System*

Energy supplement in ready-to-mix powder packs*

- Features an energy boost from a synergistic amino acid blend and yerba mate, green tea extract, and three forms of ginseng
- Contains 4Life Transfer Factor® to support the immune system*
- Supports memory, alertness, and mood*
- Promotes healthy metabolism and weight management when accompanied by a sensible diet and exercise*
- Is available in berry, orange citrus, and pink lemonade

30 berry-flavored powder packs
 30 orange citrus-flavored powder packets
 30 pink lemonade-flavored powder packets

Item #
 27543
 27572
 27575

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NUTRASTART®

Low-fat, low-calorie meal replacement drink

- Provides a healthy and delicious meal on the go!
- Provides balanced nutrition with whey and soy protein, vitamins, minerals, and dietary fiber*
- Includes 4Life Transfer Factor®
- Is available in vanilla and chocolate

	Item #
NutraStart® Vanilla (15-serving canister)	28085
NutraStart® Chocolate (15-serving canister)	28087





CARB BLX™

PRIMARY SUPPORT: Weight Management*

Formula that helps reduce the amount of fat and carbohydrates absorbed by the body to help limit the effects of poor meal choices*

- Features *Cassia nomame*
- Includes polyphenols and flavonoids for potent antioxidant activity*
- Provides green tea to help promote natural fat burning, healthy mood and energy levels, and overall weight management*

60 capsules | Item # 27532



CATALYST® PLUS

PRIMARY SUPPORT: Weight Management*

SECONDARY SUPPORT: Glucose Metabolism, Energy*

Formula for maintaining balanced glucose levels*

- Features *Gymnema sylvestre* to help maintain healthy glucose metabolism*
- Contains chromium to support healthy energy levels and aid weight management*

60 capsules | Item # 27535



CHITOLITE®

PRIMARY SUPPORT: Weight Management*

Fat-binding formula that discourages absorption of fat in the body*

- Supports weight management by binding fat through the power of chitosan*
- Features l-ascorbic acid, erythorbic acid, and aloe vera

60 capsules | Item # 27519



CITRI-SHAPE®

PRIMARY SUPPORT: Weight Management*

Non-thermogenic fruit extract that helps control appetite and support metabolism*

- Features *Garcinia cambogia*, which has been shown to inhibit fat storage and promote the use of body fats as fuel*
- Includes a vitamin B complex to promote healthy energy levels*
- Contains no artificial stimulants and is caffeine free

90 capsules | Item # 1070



METABOLITE™

PRIMARY SUPPORT: Weight Management*

Thyroid support to help promote a healthy metabolic rate and cellular efficiency*

- Features bladderwrack to nourish and promote a healthy functioning thyroid*
- Contains pineapple enzymes to support digestive function*
- Includes a wide spectrum of phytonutrients from spirulina to nourish cells*

60 capsules | Item # 1005



REZOOM®

PRIMARY SUPPORT: Energy*

SECONDARY SUPPORT: Overall Wellness*

Liquid energy tonic with herbal extracts and vitamins to promote stamina, energy, and muscle tone*

- Supports stamina and endurance through yerba mate, ginseng, and other natural energy boosters*
- Aids cardiovascular health through a complex of B vitamins*
- Works well as part of a weight management program*

32 oz bottle | Item # 26022

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GENERAL HEALTH & WELLNESS

4Life® General Health and Wellness products complement our 4Life Transfer Factor® line to provide extensive health support for your body's varied needs. These products include ingredients that support healthy digestion, provide powerful antioxidants, and help you on your path to wellness.*



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ALOE VERA

PRIMARY SUPPORT: Digestive Health*

SECONDARY SUPPORT: Immune System, Overall Wellness*

Concentrated aloe vera juice for overall wellness*

- Offers an overall general wellness beverage*
- Features a proprietary harvesting process to retain optimal freshness

16 fl oz bottle | Item # 8000



BIOEFA™ WITH CLA

PRIMARY SUPPORT: Brain Health, Heart Health*

SECONDARY SUPPORT: Weight Management, Overall Wellness*

Essential fatty acids for healthy heart, brain, and respiratory function*

- Features potent omega-3 and omega-6 fatty acids from fish oil, borage seed oil, flaxseed oil, and sunflower seed oil
- Promotes overall cardiovascular health and strong cell membranes*
- Contains CLA (conjugated linoleic acid) for cardiovascular and circulatory health*

60 softgels | Item # 28095



BIOGENISTEIN ULTRA®

PRIMARY SUPPORT: Female Health*

SECONDARY SUPPORT: Sleep, Mood, & Stress*

Hormone and mood-balancing blend for basic female hormonal support*

- Contains soy isoflavones, black cohosh, and chaste tree for female health support and healthy hormone levels*
- Supports positive mood with black cohosh, L-theanine, and chaste tree*
- Includes antioxidants from quercetin and turmeric*

60 capsules | Item # 22530



BOUNTIFUL HARVEST® PLUS

PRIMARY SUPPORT: Overall Wellness*

SECONDARY SUPPORT: Antioxidant, Multivitamin & Mineral, Immune System*

Daily serving of nutrient-rich greens from whole-plant sources

- Provides concentrated vitamins, minerals, and other phytonutrients
- Contains superfood concentrates from blue-green algae and spirulina

180 capsules | Item # 28092



CHOICE 50®

PRIMARY SUPPORT: Antioxidant*

SECONDARY SUPPORT: Immune System, Healthy Aging, Heart Health, Skin Health, Overall Wellness*

Superior blend of antioxidants that promotes healthy aging benefits*

- Includes a blend of potent antioxidants*
- Supports cardiovascular and circulatory system health*
- Provides additional support for joint, muscle, brain, and eye health*

60 capsules | Item # 28061



CM SUPER™

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Calcium and magnesium support for healthy bone metabolism and structural system health*

- Contains a potent daily serving of more than 600 mg of calcium, 400 IU of vitamin D, and 270 mg of magnesium to support bone health*
- Contains vital ingredients to support bone growth in people of all ages*

90 tablets | Item # 7120

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DIGESTIVE ENZYMES

PRIMARY SUPPORT: Digestive Health*

Complete digestive enzyme solution for all your digestive health needs*

- Supports healthy digestion of food*
- Reduces intestinal discomfort associated with food consumption*
- Supports overall digestive health*

90 capsules Item # 23017



FIBRO AMJ® DAY-TIME FORMULA

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Scientifically advanced support for structural and nervous system health*

- Contains powerful metabolites—magnesium and vitamin B6—essential to energy production*
- Includes glucosamine hydrochloride and methylsulfonylmethane (MSM) for joint support*
- Includes *Boswellia serrata* for additional support*

90 capsules Item # 24501

See page 42 for SleepRite AMJ®.



FEMRITE®

PRIMARY SUPPORT: Female Health*

A unique cream formulated for women that contains a rich blend of wild yam extract, aloe, jojoba, and avocado extract

- Includes cucumber extract and aloe
- Includes wild yam extract

2 fl oz cream Item # 22540



FLEX 4LIFE®

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

SECONDARY SUPPORT: Antioxidant*

Capsules with nutrients designed to lubricate joints and support a full range of motion*

- Supplement provides powerful support for muscles and joint lubrication*
- Supplement includes glucosamine hydrochloride to help maintain healthy cartilage and stimulate the production of the lubricating synovial fluid*
- Supplement includes chondroitin sulfate to support cartilage elasticity and joint viscosity*

2 fl oz cream Item # 23507
90 capsules 23503

Product information pertains to capsule product only.



GURMAR

PRIMARY SUPPORT: Glucose Metabolism*

SECONDARY SUPPORT: Weight Management*

Ancient Indian herb famous for helping maintain healthy glucose levels*

- Supports the endocrine system to balance glucose in the body*
- Helps maintain healthy glucose levels*

90 capsules Item # 4001



IMMUNE FORMULA™

PRIMARY SUPPORT: Immune System*

SECONDARY SUPPORT: Wellness*

A basic formula to provide nutrients that support immune system function all year round*

- Contains echinacea, astragalus, and schisandra for added support*

60 capsules Item # 7050

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INNER SUN®

PRIMARY SUPPORT: Sleep, Mood, & Stress*

Proprietary formula designed to promote positive mood and healthy energy levels*

- Features a blend of St. John's wort, chamomile, rosemary, and hawthorn to promote positive mood*
- Includes potent vitamin B complex to support healthy energy levels*

120 capsules Item # 7100



LIFE C®

PRIMARY SUPPORT: Antioxidant, Multivitamin & Mineral*

SECONDARY SUPPORT: Immune System*

Proprietary blend of vitamin C for enhanced absorption and antioxidant support*

- Features seven active forms of natural vitamin C*
- Uses varied forms to provide antioxidant protection*
- Supports the healthy function of multiple body systems*

60 chewable tablets Item # 28077



MALE FORMULA™

PRIMARY SUPPORT: Male Health*

Basic prostate and hormonal support combined with the protection of potent antioxidants*

- Supports healthy sexual function, energy levels, and strength*
- Contains saw palmetto to promote prostate health, urinary health, and energy levels*
- Includes zinc for antioxidant support*

30 capsules Item # 22555

FIBRE SYSTEM PLUS™

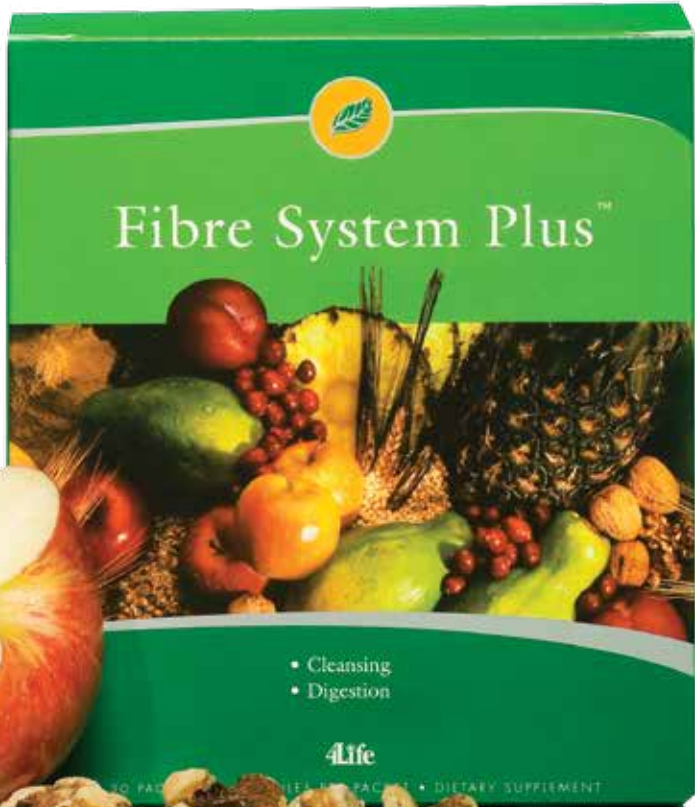
PRIMARY SUPPORT: Cleansing & Detox*

SECONDARY SUPPORT: Digestive Health, Weight Management*

A ten-day gastrointestinal cleanse*

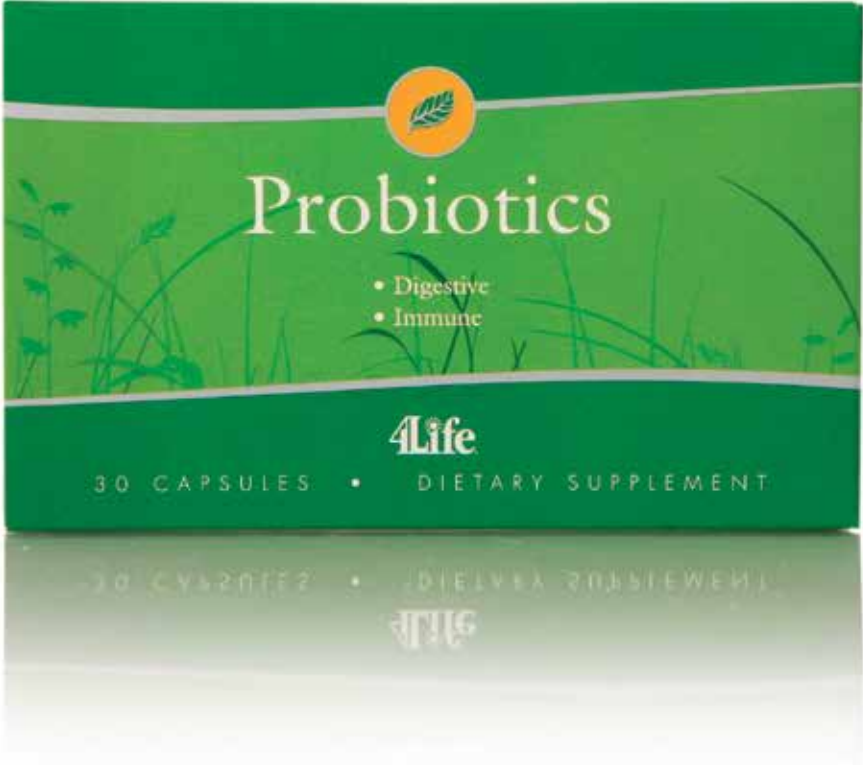
- Contains 24 herbal ingredients to provide thorough, comfortable intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen*
- Contains key ingredients such as *Cascara sagrada*, frangula, prunes, pineapple, papain, and bromelain

30 packets Item # 7190



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





PROBIOTICS

PRIMARY SUPPORT: Digestive Health*

SECONDARY SUPPORT: Immune System*

Proprietary blend of five active probiotic strains for gastrointestinal health and digestive functions*

- Supports healthy digestive function*
- Promotes immune system wellness*
- Helps maintain healthy levels of "good" bacteria*

30 capsules | Item # 23012



MULTIPLEX™

PRIMARY SUPPORT: Multivitamin & Mineral, Overall Wellness*

Basic daily dose of fundamental vitamins and minerals

- Features essential vitamins and minerals for general health and wellness*
- Contains herbal extracts and citrus bioflavonoids to boost energy levels*

60 capsules | Item # 28039



MUSCULOSKELETAL FORMULA™

PRIMARY SUPPORT: Muscle, Bone, & Joint Health*

Key ingredients that support muscle repair*

- Includes ingredients for support of overworked muscles, tendons, ligaments, and nerves*
- Supports bone structure by reducing bone breakdown*
- Supports healthy connective tissue*

60 capsules | Item # 24508



PBGS+®

PRIMARY SUPPORT: Antioxidant*

SECONDARY SUPPORT: Immune System, Healthy Aging*

Antioxidant formula that combines the power of pinebark and grapeseed extracts*

- Includes pinebark and grapeseed extracts
- Helps neutralize cells from the aging effects of free radicals*
- Promotes healthy circulation*

60 capsules | Item # 1160
120 tablets | Item # 1170

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GENERAL HEALTH & WELLNESS



PHYTOLAX®

PRIMARY SUPPORT: Cleansing & Detox*

SECONDARY SUPPORT: Digestive Health*

An effective herbal laxative*

- Contains herbs such as *Cascara sagrada* and ginger to safely activate digestive elimination*
- Promotes healthy regularity*

60 capsules | Item # 7080



SLEEPRITE AMJ®

PRIMARY SUPPORT: Sleep, Mood, & Stress*

SECONDARY SUPPORT: Muscle, Bone, & Joint Health*

Proprietary blend of natural ingredients for a restful night sleep*

- Combines melatonin, a proven alternative to naturally aid sleep, with 5-Hydroxytryptophan, vitamin B6, and a proprietary blend of herbs*
- Supports healthy sleep patterns to help your body function at its best*
- Includes hops flower, which supplies important nutrients to support healthy muscles, bones, and joints*

60 capsules | Item # 28099

See page 38 for Fibro AMJ® Day-Time Formula.



STRESS FORMULA™

PRIMARY SUPPORT: Sleep, Mood, & Stress*

A calming evening herbal formula to promote relaxation*

- Contains valerian root to support a calm nervous system*
- Includes peppermint to soothe stomach discomfort that may be associated with stress*

60 capsules | Item # 7040



SUPER DETOX®

PRIMARY SUPPORT: Cleansing & Detox*

Support for healthy liver function*

- Includes milk thistle, known to support healthy liver function*
- Contains red clover and artichoke to aid in detoxification and liver strength*
- Provides antioxidant support through n-acetyl-L-cysteine*

60 capsules | Item # 23015



TEA4LIFE®

PRIMARY SUPPORT: Cleansing & Detox*

SECONDARY SUPPORT: Digestive Health*

Natural cleansing tea for intestinal maintenance and to support regularity*

- Features herbs to support colon health*
- Provides an herbal alternative for healthy digestive cleansing*
- Boasts a tasty apple-cinnamon flavor with no artificial colors, flavors, or sweeteners

30 bags | Item # 13004

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

4LIFE FORTIFY®

GOOD WORKS THROUGH GOOD NUTRITION

All over the world, parents and caregivers struggle to provide nourishing food for children to sustain a carefree and healthy life. As part of our commitment to service, and in order to foster long-term sustainable partnerships with families, orphanages, and communities, 4Life® offers 4Life Fortify, a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor® Tri-Factor® Formula.*

With your monthly 4Life Fortify support, you earn 25 LP for your business and help ensure a child doesn't go hungry. Plus, shipping is free!† Get your organization involved and watch your business grow!

Each bag purchased will be donated to children in need around the world by our partner, *Feed The Children*, a third-party distribution company.**

4LIFE FORTIFY®

Twelve to 24 great-tasting meals of rice, lentils, and beans, along with a complete nutritional complex of vitamins, minerals, and 4Life Transfer Factor® Tri-Factor® Formula

- Provides a protein-rich meal with the texture of a true meal, not simply porridge
- Provides proper nutrition for individuals of all ages, as well as a feeling of satiety*
- Tastes great and can be enjoyed by different cultures worldwide

12-24 servings/bag
Family Pack/5 bags

Item #
15005
87562

+For donation through Feed the Children.
Not for personal use.

**4Life Research® offers an incentive to buy, donate, and promote 4Life Fortify meal packs. Commission is included in the price of the pack and allows distributors to invest their time and resources to encourage others to join the 4Life legacy of service. 4Life Fortify is created and supported by 4Life Research, a for-profit company that facilitates donations of purchased 4Life Fortify meal packs to non-profit partners such as Feed The Children. Charity partners distribute 4Life Fortify to children in need without charge or fees.



VISIT 4LIFEFORTIFY.COM TO LEARN MORE ABOUT OUR WORLDWIDE INITIATIVE TO FEED HUNGRY CHILDREN AROUND THE WORLD.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Build your business and earn free products

Enroll in the Loyalty Program and earn Product Credits to redeem for the products of your choice. Plus, qualify to receive the bonus product of the month with a Loyalty Program order of 125 LP or higher!

Call 1-877-903-6187 to enroll or log in to your 4life.com Account. Visit 4life.com/loyalty to learn more.

Transfer Factor Loyalty Pack

SAVE \$66!

- 4—Life® Transfer Factor Plus® Tri-Factor® Formula
- 1—Life Transfer Factor® RioVida® Tri-Factor® Formula
- 2—Life Transfer Factor® Cardio
- 2—Energy Go Stix® Berry

Item #53433
Cust/Distr: \$399.95 (340 LP)



Transform Loyalty Pack

SAVE \$70!

- 3—Life® Transfer Factor Plus® Tri-Factor® Formula
- 2—Renuvo®
- 1—PRO-TF® Vanilla Cream
- 1—PRO-TF® Chocolate
- 2—Energy Go Stix® Berry

Item #53434
Cust/Distr: \$414.95 (340 LP)



Targeted Transfer Factor® Loyalty Pack

SAVE \$57!

- 3—Life® Transfer Factor Plus® Tri-Factor® Formula
- 1—Renuvo®
- 2—Life Transfer Factor® Cardio
- 1—Life Transfer Factor® ReCall®
- 1—Life Transfer Factor® Belle Vie®
- 1—Life Transfer Factor® GluCoach®

Item #53457
Cust/Distr: #399.95 (340 LP)



Earn the maximum of 100 LP in Product Credits every month with a 340 LP Loyalty Program order at the 30% level.

4LIFE® PRODUCT INGREDIENT INDEX

4LIFE TRANSFER FACTOR®

4Life Transfer Factor® Classic: UltraFactor XF®.

4Life Transfer Factor® Chewable Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

4Life Transfer Factor® Immune Spray—Mint and Orange: Zinc, 4Life Transfer Factor® Blend (UltraFactor XF®, and NanoFactor®), and Proprietary Blend (colloidal silver, marshmallow, aloe, and lactoferrin).

4Life® Transfer Factor Plus® Tri-Factor® Formula: Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and Cordyvant™ Proprietary Polysaccharide Complex (IP-6, β-Sitosterol and other phytosterols), mycelium (*Cordyceps sinensis*) extract, baker's yeast extract, fruiting body (*Agaricus blazei*) extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract.

4Life® Transfer Factor Plus® Chewable Tri-Factor® Formula: Zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and Cordyvant™ Proprietary Polysaccharide Complex (IP-6, β-Sitosterol and other phytosterols), mycelium (*Cordyceps sinensis*) extract, baker's yeast extract, fruiting body (*Agaricus blazei*) extract, aloe leaf gel extract, oat seed extract, olive leaf extract, maitake fruiting body extract, and shiitake fruiting body extract.

4Life Transfer Factor® RenewAll™: Purified water, UltraFactor XF®, aloe vera (*Aloe barbadensis*) leaf juice, lavender (*Lavendula angustifolia*) flower extract, chamomile (*Anthemis nobilis*) flower extract, rosemary (*Rosmarinus officinalis*) leaf oil, eucalyptus (*Eucalyptus globulus*) leaf oil, glycerin, carrageenan, yeast polysaccharides, panthenol, allantoin, sodium PCA, PPG-2 isoceteth-20 acetate, PEG-12 dimethicone, carbomer, triethanolamine, butylene glycol, polysorbate 20, disodium EDTA, phenoxethanol, caprylyl glycol, ethylhexylglycerin, hexylene glycol, propylene glycol, and citric acid.

4Life Transfer Factor® RioVida® Tri-Factor® Formula: Vitamin C, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor® RioVida Burst® Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and RioVida® Juice Blend (apple, purple grape, blueberry, açai, pomegranate, and elderberry juices from concentrate).

4Life Transfer Factor® RioVida Stix® Tri-Factor® Formula: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®) and RioVida® Proprietary Blend (açai, blueberry, elderberry fruit powder, grape seed extract, and pomegranate hull extract).

4Life Transfer Factor® Tri-Factor® Formula: 4Life Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

RiteStart®: Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, molybdenum, boron, vanadium, **4Life® Transfer Factor Plus® Tri-Factor®**

Formula, BioEFA™ with CLA, Proprietary OPC Blend (grapeseed extract and pinebark extract), Proprietary Antioxidant Blend (rutin, marigold petals extract, green tea leaf extract, alpha lipoic acid, coenzyme Q10, and bilberry fruit extract), and Proprietary Support Blend (glucosamine hydrochloride, calcium d-glucarate, n-acetyl-L-cysteine, hydrolyzed collagen powder, and *Ginkgo biloba* leaf extract).

RiteStart® Men also includes: Men's Health Blend (turmeric root extract, broccoli sprout extract, tomato fruit extract, soya bean seed extract, and diindolylmethane).

RiteStart® Women also includes: Women's Health Blend (ipriflavone, turmeric, soya bean seed extract, turmeric, broccoli sprout extract, and diindolylmethane).

RiteStart® Kids & Teens: Vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamin, riboflavin, niacin (as niacinamide), vitamin B6, folate, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®).

4LIFETRANSFORM®

4LifeTransform Burn™: Proprietary 4LifeTransform Burn™ Blend (bitter orange with other citrus (citrus spp.) fruits extract, *Coleus forskohlii* root extract, African mango (*Irvingia gabonensis*) seed extract, and dihydrocapsiate).

4LifeTransform® Man: Man Performance Blend (l-citrulline, citrus peel extract, and Korean ginseng (*Panax ginseng*) root extract).

4LifeTransform® Woman: Woman Performance Blend (l-citrulline, evening primrose [*Oenothera biennis*] defatted seed extract, and velvet bean (*Mucuna pruriens*) seed extract).

PRO-TF® Chocolate and Vanilla Cream: 4LifeTransform® Protein Formula, Low Molecular Weight PRO-TF Protein Blend (extensively hydrolyzed whey protein concentrate, extensively hydrolyzed egg white protein, 4Life® Tri-Factor® Formula (UltraFactor XF® [ultra-filtered colostrum powder], OvoFactor® [egg yolk powder], and NanoFactor® [nano-filtered colostrum powder]).

PRO-TF® Protein Bar: 4LifeTransform® Protein Formula, (Low Molecular Weight PRO-TF Protein Blend (extensively hydrolyzed whey protein concentrate, extensively hydrolyzed egg white protein, 4Life® Tri-Factor® Formula (UltraFactor XF® [ultra-filtered colostrum powder], OvoFactor® [egg yolk powder], NanoFactor® [nano-filtered colostrum powder], whey protein concentrate, vegetable glycerine, and oligofructose).

Renuvo®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and 4Life® Adaptogenics Blend (*Rhaponticum carthamoids*) root extract, *Schisandra chinensis* fruit extract, ALCAR, green tea leaf extract, ashwagandha root extract, turmeric rhizome extract, resveratrol, and black pepper fruit extract).

TARGETED TRANSFER FACTOR®

4Life® NanoFactor® Glutamine Prime®: L-glutamine, Immune Energy Blend (l-arginine, n-acetyl-L-cysteine, alpha lipoic acid, l-alanyl-L-glutamine, and NanoFactor®).

4Life Transfer Factor® Belle Vie®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Antioxidant Proprietary Blend (green tea leaf extract and grape seed extract), Phytoestrogen Proprietary Blend (flax seed extract, kudzu root extract, and red clover plant extract), and Cruciferous Proprietary Blend (broccoli, cabbage, kale-containing indole-3-carbinol, diindolyl methane, ascorbigen, and calcium d-glucarate).

4Life Transfer Factor® Cardio: Vitamin A, vitamin C, vitamin E, niacin, vitamin B6, folate, vitamin B12, magnesium, zinc, selenium, copper, potassium, OvoFactor®, and Proprietary Blend (garlic bulb extract, hawthorn leaf/flower extract, butcher's broom root extract, red rice yeast extract, *Ginkgo biloba* leaf extract, ginger root oil, resveratrol, and coenzyme Q10).

4Life Transfer Factor® GluCoach®: Chromium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), vanadium, alpha lipoic acid, and Proprietary Blend (*Pterocarpus marsupium* heart wood extract, gymnema leaf extract, fenugreek seed extract, *Momordica charantia* fruit extract, and Korean ginseng root extract).

4Life Transfer Factor® KBU®: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Bladder Support Blend (cranberry fruit powder and extract, d-mannose, blueberry fruit, and lingonberry fruit), Kidney Support Blend (IP-6, *Chanca piedra* herb, juniper berry, dandelion leaf, and varuna stem bark extract), and pH Balancing Blend (apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

4Life Transfer Factor® MalePro®: Zinc, selenium, 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), saw palmetto fruit extract, lycopene, and Proprietary Blend (nettle root extract, kudzu root extract, soy bean extract, broccoli whole plant extract, and calcium d-glucarate).

4Life Transfer Factor® ReCall®: Magnesium, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), Proprietary Blend (soy seed extracts, lemon balm herb extract, aerial parts (*Bacopa monnieri*) extract, n-acetyl-L-tyrosine, n-acetyl-L-cysteine, *Ginkgo biloba* leaf extract, *Huperzia serrata* herb extract, and vinpocetine).

4Life Transfer Factor Reflexion™: 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), and Proprietary Blend (wild green oat (*Avena sativa*) extract, l-theanine).

4Life Transfer Factor Vista®: Vitamin A, vitamin C, vitamin E, zinc, 4Life® Tri-Factor® Formula (UltraFactor XF®, OvoFactor®, and NanoFactor®), lutein, zeaxanthin, and Ocular Health Proprietary Blend (*Haematococcus pluvialis* microalgae extract, bilberry fruit extract, *Spirulina microalgae*, citrus bioflavonoids peel extract, black currant fruit extract, *Ginkgo biloba* leaf extract, blackberry fruit extract, and ascorbigen).

WEIGHT MANAGEMENT

Carb BLX™: Proprietary Blend (*Cassia nomame* whole herb extract, white kidney bean extract, green tea leaf extract, arabinose, cocoa almond seed blend, and jaborandi leaf extract).

Catalyst® Plus: Chromium, vanadium, and Proprietary Blend (*Gymnema sylvestra* leaf powder alpha lipoic acid, *Momordica charantia* fruit extract, and banaba leaf extract).

ChitoLite®: Vitamin C and Proprietary Blend (chitosan, erythorbic acid, and aloe ferox leaf).

Citri-Shape®: Thiamin, riboflavin, niacin, vitamin B6, folate, vitamin B12, biotin, pantothenic acid, manganese, chromium, and *Garcinia cambogia* fruit extract.

Energy Go Stix®—Berry, Orange Citrus, and Pink Lemonade: 4Life Transfer Factor® Blend (UltraFactor XF® and OvoFactor®), Amino Acid Blend (L-glutamine, L-arginine, taurine, creatine, L-carnitine, L-omithine, and α-ketoglutarate), Proprietary Blend (eleuthero root extract, Korean ginseng plant extract, and American ginseng root extract), and Herbal Energy Blend (green tea leaf extract, yerba mate leaf extract, guarana root extract, maca root extract, and *Rhodiola rosea* root extract).

MetaboLite™: Proprietary Herbal Blend (bladderwrack herb, red wheat seed bran, Hawaiian spirulina, sage leaf, papaya fruit, pineapple fruit, buckthorn bark extract, and artichoke leaf).

NutraStart® Chocolate: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, cocoa powder, maltodextrin, fructose, soy fiber, natural cocoa flavors, Vitamin and Mineral Blend (magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium, pantothenic acid, vitamin B6, thiamin, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor XF®, OvoFactor®, salt, silicon dioxide, and dextrose.

NutraStart® Vanilla: Soy protein isolate, whey protein, sunflower oil creamer, polydextrose, xylitol, maltodextrin, natural vanilla cream flavor, fructose, soy fiber, Vitamin and Mineral blend (magnesium, vitamin C, copper, vitamin E, biotin, niacin, zinc, vitamin A, iron, calcium pantothenic acid, vitamin E, vitamin B6, thiamine, riboflavin, vitamin B12, folic acid, and potassium), cellulose, stevia leaf extract, UltraFactor XF®, OvoFactor®, and salt.

ReZoom®: Thiamin, riboflavin, niacin, vitamin B6, and Herbal Proprietary Blend (yerba mate leaf extract, aloe vera leaf gel extract, *Echinacea purpurea* leaf extract, *eleutherococcus senticosus* root extract, and Korean ginseng root extract).

GENERAL HEALTH & WELLNESS

Aloe Vera: Aloe vera gel concentrate, ascorbic acid, ethanol, erythorbic acid, sodium benzoate, potassium sorbate, and monoglycerides.

BioEFA™ with CLA: Fish Oil Blend (with 500 mg EPA and DHA), and Plant Oil Blend (flax seed oil [alpha linolenic acid], borage seed oil [gamma linolenic acid], and safflower seed oil [conjugated linoleic acid]).

BioGenistein Ultra®: Hormone Balance Blend (soy seed extract, black cohosh root extract, dong quai root extract, chaste tree fruit extract, and turmeric rhizome extract) and Proprietary Female Blend (magnolia bark extract, eleuthero root extract, quercetin, and L-theanine).

Bountiful Harvest® Plus: Super Food Blend (chia seed, spirulina, chlorella, and blue-green algae), Whole Food Nutrient Blend (red pepper fruit, spinach leaf, purple butterbur leaf extract, acerola fruit, pumpkin fruit, carrot root, cucumber fruit, flax seed, brown rice seed flour, asparagus shoots, spearmint leaf, peppermint leaf, and bladderwrack herb), and pH Balancing Blend (apple cider vinegar, sodium bicarbonate, potassium bicarbonate, and calcium carbonate).

Choice 50®: Vitamin C, vitamin E, and Proprietary Blend (citrus bioflavonoid fruit complex, fo-ti root, grape seed extract, turmeric rhizome extract, rutin, milk thistle fruit extract, quercetin, bilberry fruit extract, and resveratrol).

CM Super™: Vitamin C, vitamin D, vitamin K, vitamin B6, calcium, magnesium, zinc, copper, manganese, and Proprietary Blend (boron glycinate, L-lysine, soy lecithin, horsetail aerial parts, and strontium chloride).

Digestive Enzymes: Proprietary Enzyme Blend (amylase, protease 4.5, glucosamylase, acid maltase, α-galactosidase, pectinase, cellulase, peptidase, protease 3.0, bromelain, lipase, inverstase, hemicellulase, β-glucanase, xylanase, and papain).

Fibre System Plus™: Fiber Blend (psyllium husk, rice seed bran, apple fruit fiber, slippery elm inner bark, prune fruit, marshmallow root, locust bean gum, and xanthan gum), Cleansing Blend (black walnut hull, cascara sagrada bark, gentian root, licorice root, and buckthorn bark), Nutrition Blend (cranberry fruit, pineapple fruit, papaya fruit, sage leaf, parsley leaf, Irish moss whole plant, bee pollen, and spirulina), and Herbal Blend (ginger root, hops flower, and chamomile flower).

Fibro AMJ® Day-Time Formula: Vitamin B6, magnesium, and Proprietary Joint Blend (glucosamine hydrochloride, methylsulfonylmethane, bovine cartilage powder, *Boswellia serrata* tree resin extract, bromelian, and devil's claw root extract), and Antioxidant Blend (malic acid, n-acetyl-L-cysteine, L-cysteine, grape seed extract, and alpha lipoic acid).

Flex 4Life® (capsules): Joint Health Blend (glucosamine hydrochloride, chondroitin sulfate, and avocado fruit/soy seed extract), and Proprietary Blend (devil's claw root extract, polyglyceryl-6 disterate, glycerin, cetyl myristoleate, avocado/soy unsaponifiables, dimethyl sulfone, glucosamine sulfate, lecithin, cetearyl alcohol, behenyl alcohol, menthol, tocopheryl acetate, butylene glycol, willow bark extract, devil's claw root extract, sunflower seed oil, rosemary leaf extract, *Capsicum oleoresin* extract, benzyl alcohol, phenoxethanol, sodium hyaluronate, carbomer, xanthan gum, sodium hydroxide, and phytic acid).

Gurmar: Gymnema leaf and gymnema leaf extract.

Immune Formula™: Proprietary Blend (astragalus root, echinacea herb, shisandra fruit, eleuthero root, licorice root, gotu kola leaf and stem, and Korean ginseng root), and Proprietary Extract Blend (astragalus root extract, licorice root extract, Korean ginseng root extract, eleuthero root extract, schisandra fruit extract, gotu kola leaf, and stem extract).

Inner Sun®: Thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, and Proprietary Blend (St. John's wort aerial parts, chamomile aerial parts, hawthorn berry, choline, hops flower, rosemary leaf, inositol, and para-aminobenzoic acid).

Life C®: Vitamin C (as calcium ascorbate, ascorbic acid, dehydroascorbic acid, erythorbic acid, magnesium ascorbate, ascorbyl palmitate, and ascorbigen).

Male Formula™: Zinc, selenium, and Proprietary Blend (*Tribulus terrestris* whole plant extract, L-arginine, saw palmetto berry extract, broccoli stalks/florets extract, Korean ginseng root extract, *Pygeum africanum* bark extract, and chrysin).

Multiplex™: Vitamin A, vitamin C, vitamin D, vitamin E, thiamin, riboflavin, niacin, vitamin B6, folic acid, vitamin B12, biotin, pantothenic acid, calcium, iron, iodine, magnesium, zinc, selenium, copper, manganese, chromium, and Proprietary Blend (citrus bioflavonoid fruit complex, spirulina, para-aminobenzoic acid, and rose hips fruit).

MusculoSkeletal Formula™: Alfalfa aerial parts powder, gotu kola leaf extract, devil's claw root extract, ginger rhizome powder, turmeric rhizome extract, and saw palmetto fruit extract.

PBGS+®: Vitamin C, Proprietary Blend (grape seed/skin extract, cranberry fruit fiber, citrus fruit extract, green tea leaf extract, quercetin, rutin, acerola fruit juice, apple fruit, and pine bark extract), and NDS Digestive Enzyme Blend (fungal protease, fungal amylase, fungal lipase, cellulase, and pectinase).

PhytoLax®: Proprietary Blend (cascara sagrada bark, ginger root, buckthorn bark extract, parsley leaf, xanthan gum, and black walnut hull).

Probiotics: Probiotic Blend (*Lactobacillus acidophilus*, *Bifidobacterium lactis* (HNO19), *Bifidobacterium longum* (BL05), *Lactobacillus rhamnosus* (LR32), and *Streptococcus thermophilus* (ST21)).

SleepRite AMJ®: Vitamin B6, Sleep Blend (valerian root extract, hops flower, 5-HTP, chamomile aerial parts, and melatonin), and Repair Blend (creatine monohydrate, n-acetyl-L-cysteine, grapeseed extract, and alpha lipoic acid).

Stress Formula™: Proprietary Blend (peppermint leaf, chamomile flower, passion flower, *Ginkgo biloba* leaf, linden flower, lemon balm leaf, and valerian root), and Stress Proprietary Extract Blend (chamomile flower extract, *Ginkgo biloba* leaf extract, hops flower extract, peppermint leaf extract, passion flower herb extract, and valerian root extract).

Super Detox®: Detox Proprietary Blend (red clover flower tops, milk thistle fruit extract, calcium d-glucarate, broccoli stalks/florets extract, buplerum root extract, n-acetyl-L-cysteine, and artichoke leaf).

Tea4Life®: Proprietary Blend (senna leaf, stevia leaf, cinnamon bark, buckthorn bark, ginger root, orange peel, green tea leaf, echinacea aerial parts, rooibos branch and leaf, astragalus root, and bitter orange fruit).

Note: For ingredient listings for 4Life Fortify®, enumm® Personal Care, and 4Life Animal Health products, please visit 4life.com.

UltraFactor XF®: A proprietary concentrate of ultra-filtered 4Life Transfer Factor® proteins and other peptides from cow colostrum

OvoFactor®: A patented concentrate of 4Life Transfer Factor® proteins and other peptides from chicken egg yolk

NanoFactor®: A proprietary concentrate of nanofiltered cow colostrum



For more information about 4Life products and the 4Life opportunity, contact:

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4Life
TOGETHER, BUILDING PEOPLE™